



DCHL Leagues Policy and Guideline on Subs
Revised, 11/01/2016

1) All DCHL Leagues Division will now have a PRE-APPROVED list of players (male, female and goalies) to which should be referred and given FIRST priority when considering sub candidates. Opposing captain's approval is NOT needed for these subs.

2) **All sub requests must be sent to the league by NOON Friday for DCHL Sunday Games and by NOON Monday for MDHL Wednesday Games if you want to use the league's PRE-APPROVED sub list. If you do not meet this deadline, you are not eligible for subs.**

3) Players on these list were chosen for potentially three reasons – 1) they are deemed “average rated players for the division at hand aka not game changers”, 2) they are paying twice to play in that season (financially support the team) and should receive first consideration, and/or they are a captain or assistant captain within the division (a loyalty perk for all the captains and assistant captains do for the league).

NOTE: Captains who are “game changers” or stars for that division are INELIGIBLE to be on this PRE-APPROVED list.

4) ALL OTHER players must be APPROVED before the game at the opposing captain's discretion under the guidelines listed below!

Sub requests should be reasonable, fair, and timely:

- Except for emergency situations (e.g., a player suddenly can't make the game or doesn't show up), sub requests should be made at least 1-2 days before the game so there's time to reach an agreement.
- teams should not expect subs to be approved if only 1 or 2 players are missing.
- teams are encouraged to have ample reserve players so they can first try to cover shortages internally (some teams carry only 2 lines because they want maximum playing time but then ask for subs if one of two of their players are missing --- this no longer will be feasible)
- **the player requested should be deemed the “average player in that division” --- in other words it does not matter who you are missing....you are only entitled to an average sub**

- IN PLAYOFFS a team can request subs to get to 2 line of players (6 male floor players and 4 women floor players) for competitive balance
- IN REGULAR SEASON a team can request subs to get to 4 women AS LONG as the women subs are from the PRE-APPROVED League List for that season and division!

Once the opposing team allows a sub, it cannot later deny the request, especially right before the game.

In the regular season, captains are expected to be somewhat flexible with all reasonable requests.

In the playoffs, captains can be somewhat less flexible (but still fair). Given recent injuries and shortages of women players, captains should be especially flexible if a team is missing 2 or more women.

In emergency situations (no-shows, unexpected shortages, etc.), the opposing captain should show some flexibility and sportsmanship in allowing a sub.