



## DCHL LEAGUES - NEW PLAYER INFO

#IsItSundayYet?

DCHL Leagues is the largest group of adult co-ed ball hockey leagues in the DC/MD/VA area with over 400 players at its peak during a calendar year. It consists of three similar types of league. We play an NHL game in finesse style and rules (icing, offsides, etc) in an NHL style venue. However, our rules are adapted to ensure safety and competitive balance for recreational players. Our core philosophy is to give EVERYONE a chance to play and enjoy the game. Some people want to play at a high competitive level. Others want to burn calories and/or just learn/develop the game. And then there are those who love the social aspect. Whatever your goals are, you will find that DCHL Leagues will offer you an opportunity in some way to meet them.

**DCHL** is the founding coed league that plays on Sundays indoors at the Rockville Sportsplex with eleven to twelve games between 10 am – 10 pm. It has 25 teams with four different divisions so everyone can find the right talent based group in which to compete. DCHL game format offers three 15 minute periods of 5 on 5 hockey and a goalie where at least 2 of the 6 players must be female. **As of April 2nd, 2017 we will begin our 25th season (2017 Spring-Summer).**

We have FOUR divisions designed so ALL players regardless of skill level can play. Beginners start off in REC!

Women and goalies (regardless of gender) can play for ONE team in EACH division as well as play for the Women's Travel Team (2) that is part of league play.

Men can play twice max (unless granted a league exemption) --- one team per division only!

We do have talent caps and ratings that a player and team must adhere to be eligible for each division.

**MDHL** is the newer coed Wednesday night league held indoors at the Rockville Sportsplex with FOUR games between 7-11 pm. It currently has 12 teams. MDHL game format offers a UNIQUE three period format totaling 53 minute periods of game time. It is coed 5 on 5 hockey along with a goalie (longest games of any leagues) where at least 1 of the 6 players must be female. **As of April 19<sup>th</sup>, 2017 we will be starting our 2017 Spring-Summer Season.**

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**RHL** is our indoor roller hockey league that features the puck (not ball) with 4 on 4 play with no icing or offsides. RHL plays from 8-11 pm and has no gender requirement so both women and men can play. **We will start our 2017 Spring Season on April 17<sup>th</sup>, 2017!**

Average cost to play is \$110 - \$120 per person for a team for usually a 12 game season in DCHL & MDHL. Average cost to play is \$160 for roller hockey (due to smaller rosters) for usually a 12 game season in RHL. You can also put together a new team. Team cost varies based on leagues and based on prepayment. We do have an early bird discount if you pay before the season starts. Please contact ASAP if you want to put a team together.

### **WHAT DO YOU NEED TO PLAY?**

- 1) Any hockey stick will do (you can get sticks for as low as \$12 at Sports Authority)
- 2) Shin guards (highly recommended --- you can get them for as low as \$10 at Walmart)

**NOTE: Gloves and Helmet are HIGHLY recommended but not mandatory at this time. You do pay an annual liability insurance and if you wear a helmet the insurance is cheaper.**

### **WHAT MAKES DCHL Leagues Unique:**

- 1) We have a website ([www.playdchl.com](http://www.playdchl.com)) where you can get more info, read our rules/guidelines, get schedule, watch our feature games and download detailed stats. UPDATE: Website is being retooled so it has limited functions.
- 2) We keep detailed game and cumulative stats like you have not seen before.
- 3) We tape one to two feature games per week with our own play-by-play announcer. Those games are then posted to our YouTube (keyword search – DCHL Leagues; Account name – DCHL Coed Floor Hockey) and Website library. They are also broadcasted locally in Montgomery County on local Access Channel 21. We are working to get the games broadcasted in DC, Fairfax, and Arlington as well in 2017.
- 4) We have women, men, and coed travel teams that play in tournaments all across the USA.
- 5) We have a variety of social and sports functions throughout the year such as Happy Hour, local one day tournaments, and other social events (such as Washington Capitals night out).
- 6) We have two very active Facebook pages: DCHL Leagues which post news and info on league happenings and SUDS HOCKEY which is the Commissioner's personal page where we engage and talk about the league more openly.
- 7) We are also on Twitter (@DCHL\_Leagues) and Instagram (dchl\_leagues).

**OUR RULEBOOK –** <https://www.dropbox.com/s/pwsgopl0vdmk60/DCHL%20Leagues%20Co-ed%20Ball%20Hockey%20Rulebook%20%28UPDATED%20March%2015%2C%202017%29.pdf?dl=0>

**OUR CODE OF CONDUCT –**

<https://www.dropbox.com/s/koxd8xhj0olexni/DCHL%20Leagues%20Code%20of%20Conduct.pdf?dl=0>

**OUR WAIVER –**

**DISCLAIMER - This waiver does not necessarily require a signature in order for it to be effective. By engaging in any activity associated with DCHL Leagues (as defined below), you are agreeing that you have fully read and agree to the terms of this waiver in defacto and to ensure that you have provided DCHL Leagues with your most current contact information. HOWEVER, a signature (written or electronic) will eventually be required for continual participation.**

<https://www.dropbox.com/s/uo3zq8i160djl8o/DCHL%20Leagues%20Waiver%20%28Version%20032317%29.pdf?dl=0>

**OUR COMPETITIVE BALANCE ROSTER RULES & TALENT RATING SYSTEM –**

<https://www.dropbox.com/s/eqatiff70crtgr/DCHL%20Leagues%20Talent%20Rating%20%26%20Talent%20Cap%20System%20%28Revised%20March%2014%2C%202017%29.pdf?dl=0>

**OUR SUB POLICY –**

<https://www.dropbox.com/s/uk486aiufmtal83/DCHL%20Leagues%20Sub%20Policy%20and%20Guidelines.pdf?dl=0>

**OUR PRIVACY/EMAIL POLICY –**

<https://www.dropbox.com/s/oh4cpw0v200zjsc/DCHL%20Leagues%20Email%20%26%20Privacy%20Policy.pdf?dl=0>